APPRENTICES – TOE IN IRON

Trainee Apprentices must ride with the stirrup iron on the ball of their foot, the outside of the iron may be angled forward slightly but the inner portion of the iron must be under the ball of the foot, or with their foot right through the iron.

Should a Trainee Apprentice present for trial rides riding on their toe only they will be instructed to change.

When an Apprentice Jockey achieves his or her permit to ride in races they are expected to ride with the iron on the ball of their foot in the same manner as they have ridden in trials.

As Apprentice Jockeys achieve more experience they are encouraged to develop their own style of riding which usually entails copying a senior rider (either local, national or international). The majority of senior riders now ride with the ‘toe in iron’ style and as a consequence the Apprentice Jockeys may wish to imitate this.

If an Apprentice Jockey wishes to adopt the style of ‘toe in iron’ he or she will be required to request permission from the Riding Master, who will confer with the Stewards and permission may or may not be granted.

Failure to follow this policy may result in Stewards taking action under AR.175(p) -

**AR175** – The committee of any Club or the Stewards may punish;
(p) any person who fails or refuses to comply with any order, direction or requirement of the Stewards or any official.

Reaffirmed 5 July 2005